

DVA, SV and VAWG Champions Network Organisational Health Check Appendix One

Local and National Sources of Support

LOCAL SERVICES - Domestic Violence and Abuse, Sexual Violence		
Service	Description	Contact
The Portal	The Portal helps you to find advice and support in Brighton & Hove and East Sussex. If you've been affected by domestic or sexual abuse or violence in Brighton & Hove, or East Sussex, get in touch to find out more about the help, advice and support available.	Freephone 0300 323 9985 http://theportal.org.uk/
RISE	A National Award winning charity providing sanctuary and support in Sussex since 1994	01273 622822 http://www.riseuk.org.uk/
Survivors' Network	Survivors' Network is a registered charity that aims to reduce sexual violence and its impact on survivors' lives	01273 203380 http://www.survivorsnetwork.org.uk/
Mankind Counselling	Since 2000, we have been delivering specialist support services to men (18+) who have experienced childhood sexual abuse and/or adult sexual assault at any time in their lives	01273 911 680 http://www.mankindcounselling.org.uk/
Victim Support	Victim Support is here to help anyone affected by crime, not only victims, but their friends, family and any other people involved. Because we're an independent charity, you can talk to us whether or not you reported the crime to the police. We can help you find the strength to deal with what you've been through.	0808 168 9274 https://www.victimsupport.org.uk/
Safe Space Sussex	an online directory of local specialist support services as well as information about different types of crime and what happens at each stage of the criminal justice system, helping to 'demystify' the process for people when they may be at their most vulnerable	http://www.safespacesussex.org.uk/

DVA, SV and VAWG Champions Network Organisational Health Check Appendix One

Sussex Police	If you or someone you know is a victim of domestic abuse, please talk to us as there is several ways that we can help.	You can also report domestic abuse in the following ways: <ul style="list-style-type: none">• By calling 101• Online• In person at your local police station Remember to always to call 999 if you or someone else is in immediate danger. https://www.sussex.police.uk/
----------------------	------------------------------------------------------------------------------------------------------------------------	---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------

DVA, SV and VAWG Champions Network Organisational Health Check Appendix One

LOCAL SERVICES - Other		
Service	Description	Contact
Early Help for families	Find out about the support available for you and your family and how to get the help you need.	01273 292632 http://www.brighton-hove.gov.uk/content/children-and-education/childrens-services/early-help
Housing options	help if you are homeless or at risk of losing your home	01273 294400 http://www.brighton-hove.gov.uk/content/housing/general-housing/housing-options-help-if-you-are-homeless-or-risk-losing-your-home
Front Door For Families	you are a member of the public and are concerned about a child's welfare, please contact our Multi-Agency Safeguarding Hub (MASH)	01273 290400 https://www.brighton-hove.gov.uk/frontdoorforfamilies
Safeguarding Adults	Report abuse or neglect of an adult online or by calling Access Point, the contact centre for Adult Social Care services.	0845 60 70 999 https://www.brighton-hove.gov.uk/content/social-care/keeping-people-safe/report-abuse-or-neglect

DVA, SV and VAWG Champions Network Organisational Health Check Appendix One

NATIONAL SERVICES		
Service	Description	Contact
Karma Nirvana	Helpline: supports victims and survivors of forced marriage and honour based abuse	0800 599 9247 www.karmanirvana.org.uk/
24-hour National Domestic Violence Helpline	A service for women experiencing domestic violence, their family, friends, colleagues and others calling on their behalf. It is run in partnership between Women's Aid and Refuge. Callers may first of all hear an answerphone message before speaking to a person.	0808 2000 247 www.nationaldomesticviolencehelpline.org.uk
Galop	National LGBT Domestic Violence Helpline providing confidential support to all members of the Lesbian, Gay, Bisexual and Trans (LGBT) communities, their family and friends, and agencies supporting them.	0300 999 5428 www.galop.org.uk
Men's Advice Line	A confidential helpline for all men experiencing domestic violence by a current or ex- partner. Caters for all men: whether in heterosexual or same-sex relationships. Offers emotional support, practical advice and information on a wide range of services for further help and support.	0808 801 0327 www.mensadviceline.org.uk
Paladin NSAS	Paladin was established to assist high risk victims of stalking in England Wales in July 2013 following the highly successful Stalking Law Reform Campaign in Parliament spearheaded by Laura Richards and others. Our unique team of accredited Independent Stalking Advocacy Caseworkers (ISACs) ensure that high risk victims of stalking are supported and that a coordinated community response is developed locally to keep victims and their children safe.	0207 840 8960 http://paladinservice.co.uk/

DVA, SV and VAWG Champions Network Organisational Health Check Appendix One

National Stalking Helpline	National Stalking Helpline provides information and guidance to anyone affected by harassment or stalking. Our helpline is open 9.30 a.m. – 4 p.m. Monday – Friday (except Wednesday when we open at 1p.m.) We also offer advice via email and on our Forum which can be found on our website.	0808 802 0300 www.stalkinghelpline.org/
Rape Crisis	Rape Crisis England & Wales is a feminist organisation that exists to promote the needs and rights of women and girls who have experienced sexual violence, to improve services to them and to work towards the elimination of sexual violence.	0808 802 9999 http://rapecrisis.org.uk/index.php
Respect Phonline	A confidential helpline for people who are abusive and/or violent towards their current or ex-partner. Offers information and advice to support perpetrators to stop their violence and change their abusive behaviours. The main focus is to increase the safety of those experiencing domestic violence.	0808 802 4040 www.respectphonline.org.uk
Southall Black Sisters	Southall Black Sisters provide advice and information on domestic abuse, racial harassment, welfare and immigration, primarily for Asian, African and African-Caribbean women.	www.southallblacksisters.org.uk
SurvivorsUK	SurvivorsUK helps men who have been sexually abused and raises awareness of their needs Note: Sexual violation includes both childhood sexual abuse and adult sexual assault/rape	Chat to trained professionals, one to one, using web and SMS chat services. https://www.survivorsuk.org
Suzy Lamplugh Trust	Working with a wide range of partners in the public, private and voluntary sector, the Trust continues to seek out new ways to keep people safe from violence and aggression. That includes: through the provision of free safety tips, managing the National Stalking Helpline; selling targeted resources to help people improve their personal safety	020 7091 0014 http://www.suzylamplugh.org/